

Garfield County Health District

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Garfield County COVID-19 Update

A Columbia County resident aged over 60 tested positive for COVID-19 on Wednesday, March 11, 2020. The contact contracted COVID-19 while traveling overseas, has visited no retail or community events since return, and is recovering at home. One direct contact from Garfield County is now under 14-day home quarantine. Our Garfield contact has visited no retail or community events since return. The threat to our community is low from this exposure.

2019 Novel Coronavirus Outbreak (COVID-19) In Garfield County	Number	Updated
Confirmed Cases	0	3/12/2020
Persons Under Investigation (PUIs)	0	3/12/2020
Persons under public health supervision	0	3/12/2020
Under Active Public Health Monitoring in Garfield County		
	Number	Updated
Total	1	3/12/2020
Tests Submitted		
	Number	Updated
Positive	0	3/12/2020
Negative	0	3/12/2020
Pending	0	3/12/2020
Total	0	3/12/2020
*This data is changing regularly as labs conduct tests and discover new cases.		

Health officials consider the community at large to be at low risk of exposure. We continue to recommend all people living in Garfield County take everyday precautions to prevent the spread of respiratory illnesses, including COVID-19 and influenza:

- Cover your coughs and sneezes with a tissue and then throw the tissue in the trash.

- Wash your hands often with soap and water for 20 seconds. If soap and water are not readily available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Clean and disinfect surfaces that are often touched.
- Take care of your health overall. Staying current on your vaccinations, including flu vaccine, eating well and exercising all help your body stay resilient.
- Stay Home. If you are feeling sick with mild symptoms and do not need to seek medical care, stay home while you recover.
- Stay Informed. Consult CDC's travel website for any travel advisories and steps to protect yourself if you plan to travel outside of the US.

Most people with COVID-19 have mild symptoms. If you are sick and plan to seek care, please call before going in for care so arrangements can be made to prevent exposing others. For urgent medical needs, call 911.

For more information:

- Washington Department of Health: <https://www.doh.wa.gov/Emergencies/Coronavirus>
- CDC COVID-19 page: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- CDC travel notice: <https://wwwnc.cdc.gov/travel/notices>
- WHO page: <https://www.who.int/westernpacific/emergencies/novel-coronavirus>